
4. Outline of TCI Training Programme

Participants will have received the TCI6 Workbook in advance to read.

Day One

Introduction to Course

TCI System

Crisis Prevention and Therapeutic Milieu

The importance of Emotional Competence

The Stress Model of Crisis

Assessing the Situation

Knowing ourselves

Knowing the Child

Managing the Environment

Day Two

Refocus

Crisis communication and Active Listening

Identifying and Responding to Feelings

Practicing Active Listening

Behaviour Support Techniques

Practicing Behaviour Support Techniques

Emotional First Aid

Giving Emotional First Aid

The Conflict Cycle

Managing Aggressive Behaviour

Non verbal communication

Day Three

Elements of a Potentially Violent Situation

Help Me –Help Myself : Crisis Co-Regulation

The Life Space Interview

Practising the Life Space Interview

Developing the Individual Crisis Management Plan (ICMP)

Test for LSI

Written Knowledge Questionnaire

Close and Evaluation

Methodology includes: Independent study with workbook, formal input, small and large group activity, video scenarios, self assessment tools, skills development, role play, knowledge questionnaire and feedback.